

Bethel Middle Cheer



Monday, March 4 th	4:30 – 6:30pm	BMS Main Gym
Tuesday, March 5 th	4:30 – 6:30pm	BMS Main Gym
Wednesday, March 6 th	4:30 – 6:00pm	BMS Main Gym
Thursday, March 7 th	4:30 – 6:30pm	BMS Main Gym
Saturday, March 9 th	8:30am – 1:30pm	BHS Main Gym

The middle school cheer program is responsible for building spirit and pride in our school and community. The cheerleader's duties include: leading the crowd at ballgames, participating in community events, and performing in cheer competitions. Physical paperwork (done by your own doctor or Ortho Arkansas) and the HIPPA form must be turned in by March 2nd by 3:30pm.

The AAA recommends that Arkansas spirit coaches offer a focused and non-biased try-out that evaluates the required skills, athletic abilities, spirit, leadership, and teamwork.

Tryout Requirements:

- All candidates will be taught one cheer and one dance. (*Males will perform a stunt instead.*)
- All candidates will perform:
- Four jumps
- Standing tumbling pass
- Running tumbling pass

Candidates must wear a white t-shirt, athletic shoes, socks, & any solid color shorts on the day of tryouts. **Candidates must be dressed and ready to begin practice at 4:15pm.** No food or drinks are permitted on the gym floor, including gum. No jewelry should be worn *anywhere* on your body during practice or tryouts. Hair must be pulled back in a ponytail each day. Cell phones must be left in your bag & cannot be used during practice or breaks. **All practices and tryouts are mandatory and closed - only cheer candidates allowed.**

Tryout Forms to be Completed & Returned:

- Physical Exam Form (if not attending Ortho Arkansas)
- Physical History Form (if not attending Ortho Arkansas)
- HIPPA Form

**All forms must be returned to Jamie Sheffield at Bethel Middle School by
Wednesday, February 27th at 3:30 pm.**

Financial Responsibility - Parent CAP

7th grade - \$250

8th grade - \$300

*****Parents will be responsible for paying this CAP before school is out, or your student will not be issued his/ her uniforms and not be allowed to participate.*****