



BPSD Dance Tryouts Information: To register go to: <https://goo.gl/xTUCQ8>



Clinic Days: Dressed out with hair in ponytail ready to start at 4:15 PM.

During Practices & Tryouts: - No food. - No gum. - No jewelry. - No cell phones (keep in gym bag.)

BEMS & BMS	BJVD & BVD
Monday, Mar. 4th Clinics @ BMS Blue Gym 4:15-6:30 PM	Monday, Mar. 4th Clinics @ BHS Bld 4 Gym 4:00-6:30 PM
Tuesday, Mar. 5th Clinic @ BMS Blue Gym 4:15-6:30 PM	Tuesday, Mar. 5th Clinics @ BMS Blue Gym 4:15-6:30 PM
Wednesday, Mar. 6th Clinics @ BMS Blue Gym 4:15-6:30 PM	Wednesday, Mar. 6th Clinics @ BMS Blue Gym 4:15-6:30 PM
Thursday, Mar. 7th BMS & BEMS Tryouts in BMS Gym (BMS 7 3:30; BMS 8 @ 4:30; BEMS 7 @5:30; BEMS 8 @ 6:30)	Thursday, Mar. 7th (Practice on Own)
Friday, Mar. 8th (Results @ 9:00 PM)	Friday, Mar. 8th JV & Varsity Tryouts in BLD 4 Gym (JV @ 3:30; V @ 4:30) (Results @ 9:00 PM)

Open gym will be offered for all dance tryout participants in BHS BLD 4 Gym from 6:30-7:30 PM Monday- Wednesday. *Late pickups will have points deducted from their overall tryout score.*

<h3>Important Information</h3> <p>All BPSD dancers are responsible for building pride and spirit in our school and community. The dancers' responsibilities include:</p> <ul style="list-style-type: none"> • leading the crowd in chants and cheers at ballgames, • performing during home game half-times, • participating in community service events, • and performing in dance competition events. <h3>Financial Responsibility</h3> <p>7th Grade: \$250 JV: \$400 8th Grade: \$300 V: \$600</p> <p>Parents are responsible for paying the Parent Cap before school is out, or your dancer will not be issued his/her uniforms and not allowed to participate until amount is paid.</p>	<h3>Physicals & Forms</h3> <p>All forms must be filled out and an account created using the Rank One Website to be eligible for tryouts.</p> <ul style="list-style-type: none"> • https://www.rankonesport.com/Main/DistrictLookup.aspx <p>The following forms MUST be completed BEFORE clinics begin on March 4, 2019. Forms located at www.rankonesport.com</p> <ol style="list-style-type: none"> 1. Physical Examination Form (Bryant Form ONLY accepted) 2. Physical History Form 3. HIPPA Form <h3>Tryout Attire</h3> <p>Plain White T and black leggings with hair in ponytail. Tennis shoes and/or jazz shoes (optional)</p>
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Skills Assessed

7th Grade	8th Grade	JV	Varsity
Left/right heel stretch Single Pirouette Toe Touch Skill of Choice	Left/right heel stretch Double Pirouette Toe Touch Leap Headstand Skill of Choice	Heel Stretch High Kick Leap Triple Pirouette/ Turn Combo Headspring	Flexibility of Choice (Heel Stretch/Splits/etc.) High Kick Triple Pirouette/Turn Combo Headspring Kip Up

All discipline matters will be managed using the Bryant Schools Athletic Handbook: <https://bit.ly/2COLXXn>