

# Bethel Cheer



<u>Grades 7th and 8th Cheer</u>	<u>March 6th – 9<sup>th</sup>; 11th</u>
March 6, Monday	4:15 – 6:30 pm
March 7, Tuesday	4:15 – 6:30 pm
March 8, Wednesday	4:15 – 6:00 pm
March 9, Thursday	4:15 – 6:30pm
March 11, Saturday	11:30am until...

All practices will be held at Bryant Middle School Gym. Tryouts will be at the High School Building 1 Gym.

The middle school cheerleaders are responsible for building spirit and pride in our school and community. The cheerleader's duties include: leading the crowd at ballgames, participating in community events and performing in cheer competitions.

The AAA recommends that Arkansas spirit coaches offer a focused and non-biased try-out that evaluates the required skills, athletic abilities, spirit, leadership, and teamwork. All candidates will be taught a cheer and dance. Males will perform a stunt instead of the dance. All candidates will perform 4 jumps, a standing and running tumbling pass. Candidates must wear a white t-shirt, athletic shoes, socks and any solid color shorts on the day of tryouts. *All practices and tryouts are closed, only cheer candidates allowed. All practices are mandatory!*

Candidates must be dressed and ready to begin practice at 4:15 pm. No food or drinks are permitted on the gym floor including gum. No jewelry should be worn anywhere on your body during practice or tryouts. Hair must be pulled back in a ponytail each day. Cell phones must be left in your bag and cannot be used during practice.

## Forms to be Returned:

- Physical Exam Form/Physical History Form/HIPPA Form

All forms must be returned to Jamie Sheffield at Bethel by Monday, February 27th at 3:30 pm.

**Parent CAP -** 7th grade - \$250

8th grade - \$300

\*\*\*Parents will be responsible for paying this CAP before school is out, or your student will not be issued his/ her uniforms and not be allowed to participate.\*\*\*